

Firebirds Online Menu Data August, 2022

Item Name	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Bar Bites (Serves 2-3)										
Avocado Lime Whipped Feta	X		X						X	X
Everything Pretzel			X						X	X
Beef Sliders			X						X	X
Crispy Cauliflower	X	X	X			X			X	X
Fired Up Shrimp	X	X	X			X			X	X
Grilled Tenderloin Medallions	X	X	X				X		X	X
Tuna Tacos	X	X	X			X			X	X
Shareables (Serves 2-4)										
Bacon Deviled Eggs	X									
Lobster Spinach Queso	X	X	X			X			X	X
Philly Cheesesteak Egg Rolls	X	X	X			X	X		X	X
Ranch Rings	X	X	X			X			X	X
Seared Ahi Tuna	X	X				X	X		X	X
Smoked Chicken Wings	X	X	X			X			X	X
Soups										
Beef Barley Soup Bowl							X			X
Beef Barley Soup Cup							X			X
Black Bean Soup Bowl			X							
Black Bean Soup Cup			X							
Chicken Corn Chowder Bowl			X				X		X	X
Chicken Corn Chowder Cup			X				X		X	X
Chicken Tortilla Soup Bowl	X	X	X			X			X	X
Chicken Tortilla Soup Cup	X	X	X			X			X	X
Chicken Vegetable Orzo Bowl	X		X				X		X	X
Chicken Vegetable Orzo Cup	X		X				X		X	X
Chile Bowl			X							
Chile Cup			X							
Creamy Crab and Mushroom Soup Bowl		X	X			X	X		X	X
Creamy Crab and Mushroom Soup Cup		X	X			X	X		X	X

Firebirds Online Menu Data August, 2022

Item Name	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Raspberry Chipotle Vinaigrette Dressing										
Roasted Garlic Ranch Dressing	X		X							
Add to any Classic Salad										
Seared Ahi Tuna	X	X	X			X			X	X
Wood Grilled Chicken			X							
Wood Grilled Salmon		X								
Wood Grilled Shrimp						X				
Wood Grilled Tenderloin										
The Perfect Pair										
Beef Barley Soup Bowl							X			X
Black Bean Soup Bowl			X							
BLT Salad (Small)										
BLT Sandwich	X								X	X
Caesar Salad (Small)	X		X						X	X
Cheeseburger			X						X	X
Chicken Corn Chowder Bowl			X				X		X	X
Chicken Tortilla Soup Bowl	X	X	X			X			X	X
Chicken Vegetable Orzo Bowl	X		X				X		X	X
Chile Bowl			X							
Creamy Crab and Mushroom Soup Bowl		X	X			X	X		X	X
Crispy Flounder Filet Sandwich	X	X	X			X			X	X
Grilled Chicken Sandwich			X						X	X
Killer Mac and Cheese			X						X	X
Loaded Russet Baked Potato			X							
Manhattan Clam Chowder Bowl						X				
Mixed Greens Salad (Small)			X					X		
New England Clam Chowder Bowl			X			X			X	X
Smokehouse Chicken Sandwich		X	X				X		X	X
SW Baked Potato Soup Bowl			X							
Handhelds										

Firebirds Online Menu Data August, 2022

Item Name	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Cheeseburger			X						X	X
Cheeseburger with Bacon			X						X	X
Classic Club Sandwich	X		X						X	X
Durango Burger	X	X	X			X			X	X
Fresh Fish Tacos (Crispy)	X	X	X			X			X	X
Fresh Fish Tacos (Grilled)	X	X	X						X	X
Impossible Burger			X				X		X	X
Kickin' Chicken Sandwich	X	X	X			X			X	X
Portabella Sandwich	X		X						X	X
Smokehouse Burger		X	X				X		X	X
Smokehouse Chicken Sandwich		X	X				X		X	X
Steak Sandwich									X	X
Wood Fired Steaks										
Aged Ribeye 12oz			X							
Aged Ribeye 16 oz			X							
Blue Cheese Filet 7oz			X				X			
Blue Cheese Filet 9oz			X				X			
Cajun Ribeye 12 oz		X	X				X			
Cajun Ribeye 16 oz		X	X				X			
Filet & Shrimp 7 oz			X			X				
Filet & Shrimp 9 oz			X			X				
Filet Mignon 7oz			X							
Filet Mignon 9oz			X							
Roasted Garlic Sirloin 12 oz			X							
Roasted Garlic Sirloin 7 oz			X							
Surf & Turf 7 oz			X			X				
Surf & Turf 9 oz			X			X				
Enhance Your Steak										
1/2 Pound Lobster Tail			X			X				
Blue Cheese Sauce and Port Mushrooms			X				X			

Firebirds Online Menu Data August, 2022

Item Name	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Cajun Butter		X					X			
Chile Rub										
Lobster Fondue			X			X				
Roasted Garlic Thyme Butter			X							
Wood Grilled Shrimp			X			X				
Specialties										
Baby Back Ribs Dinner		X					X			
Baby Back Ribs Lunch		X					X			
Baja Shrimp Pasta	X		X			X			X	X
Chicken Pasta Dinner			X						X	X
Chicken Pasta Lunch			X						X	X
Cilantro-Grilled Chicken Dinner	X	X	X			X			X	X
Cilantro-Grilled Chicken Lunch	X	X	X			X			X	X
Honey Garlic Chicken Dinner	X		X							
Honey Garlic Chicken Lunch	X		X							
Lobster Fondue Salmon 6oz		X	X			X				
Lobster Fondue Salmon 8oz		X	X			X				
Slow Roasted Prime Rib 10 oz							X			
Slow Roasted Prime Rib 14 oz							X			
Slow Roasted Prime Rib 18 oz							X			
Striped Bass		X	X			X			X	X
Wood Grilled Salmon Dinner		X	X							
Wood Grilled Salmon Lunch		X	X							
Complements										
Broccoli			X							
Cider Slaw	X		X							
Fresh Fruit										
Fresh Vegetables			X							
Loaded Russet Baked Potato			X							
Panella Bread with Butter (Individual)	X		X				X		X	X

Firebirds Online Menu Data August, 2022

Item Name	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
French Fries	X	X	X			X			X	X
Fresh Fruit										
Fresh Veggies										
Mac & Cheese			X						X	X
Parmesan Mashed Potatoes			X							
Tater Tots	X	X	X			X			X	X
Warm Grain Salad									X	X
Kids Menu - Complimentary										
Oreo Cookie Packet							X		X	X
Kids Menu - Beverages										
1% Milk			X							
Barq's Root Beer										
Coke										
Diet Coke										
Honest Kids Apple Juice										
Honest Kids Fruit Punch										
Lemonade										
Sprite										

Shaping America's Plate, Inc.